

Alternative Supplementary Feeding Methods/Devices

Feeding Method	Advantages	Disadvantages
<i>“At breast” tube/syringe</i>	<ul style="list-style-type: none"> ○ Reinforces BF oral behaviors ○ Ease of intake measurement 	<ul style="list-style-type: none"> ○ Requires ability to latch/suckle ○ Ease of use/↓ Familiar ○ Tube sucking ○ ↓ Accessible
<i>Nasogastric tube feeding</i>	<ul style="list-style-type: none"> ○ Avoidance of intra-oral object ○ Ease of use post-insertion 	<ul style="list-style-type: none"> ○ Insertion → Invasive ○ ↓ Sucking with long-term use
<i>Cup-feeding</i>	<ul style="list-style-type: none"> ○ Avoidance of intra-oral object ○ Ease of use (short term?) ○ Safe ○ Accessible 	<ul style="list-style-type: none"> ○ Ease of use/↓ Familiar ○ Spillage = ↓ Ease of intake measurement ○ ↓ Sucking with long-term use
<i>Finger-feeding</i>	<ul style="list-style-type: none"> ○ Ease of use (short term?) ○ More “natural” than other objects? ○ Allows for suck assessment 	<ul style="list-style-type: none"> ○ Familiar/↓ Accessible ○ Sucking with long-term use ○ Evidence RT “trains” sucking ○ Intra-oral object → Finger is NOT breast
<i>Syringe-feeding</i>	<ul style="list-style-type: none"> ○ Avoidance of intra-oral object ○ Ease of use (short term?) 	<ul style="list-style-type: none"> ○ Sucking with long-term use ○ Refilling based on syringe size ○ ↓ Accessible
<i>Spoon, dropper, etc.</i>	<ul style="list-style-type: none"> ○ Avoidance of intra-oral object ○ Accessible 	<ul style="list-style-type: none"> ○ Tedious ○ Frequent refilling ○ Spillage = ↓ Intake measurement ○ Dropper – Bulb = difficult to clean/↑ contamination
<i>Bottle-feeding with feeding-bottle nipple/teat</i>	<ul style="list-style-type: none"> ○ Ease of use ○ Familiar ○ Accessible ○ Ease of intake measurement 	<ul style="list-style-type: none"> ○ Intra-oral object ○ ↑ Variation RT flow ○ ↑ Variation size, shape, material(?)